

## Looking For Participants Age 60 and Older for Study of Aging and Culture

My name is Randy Arnold, and I am currently working on a PhD dissertation in Anthropology, researching aging. I hope to learn more about aging and culture. I am looking for participants age 60 and older to take part in the study. The research will consist of a survey and a series of open-ended interviews. Interview topics include: your life story, faith, and your experience of aging. If you are interested in participating in this study, please contact me through email or phone:

**Randy Arnold**

**Email:** arnol001@crimson.ua.edu

205-861-4020

## DONATIONS FOR OUR TROOPS

One of our interns, Madesyn Floyd, is part of the Army's 42nd Regiment, which has been deployed to the Middle East. Though Madesyn has not yet been deployed, we are sending care items for soldiers in her unit.

If you would like to contribute, please bring the following items to Trinity by March 29. If you'd like to contribute money for item purchases, please earmark your check for "Troops."

Please leave your donations on the table in the back of the Sanctuary. We've left some notecards on the table and ask that you use these to include a note of encouragement for the recipients."

Full-sized items are needed.

- Toothbrush
- Toothpaste (full-sized)
- Deodorant (unscented men's/women's)
- Bar soap (unscented)
- Black pens
- Non-perishable food (like soup and ramen)
- Hair ties
- Lotion (unscented)
- Face wash (unscented)

## COLLEGE COOKING CLASS!

**April 8, 5:30-7:30 PM**

**Forest Lake UMC**

Trinity and Forest Lake UMC are co-hosting a cooking class for college students! All college students are welcome! Students will cook one of four options, and then we'll all eat together. Please use the QR code below to register for the cooking class and choose what you want to cook. We really need you to register before Spring Break so we can order all the cooking supplies (pans, cutting mats, potholders, etc.), which you can take home. We also expect to have door prizes. Tell your friends!

